

## Sub-therapeutic use of antibiotics in animal feed and their potential impact on environmental and human health: a comprehensive review

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### Abstract

The increasing human population and rising incomes across the globe proportionally increases the demand for food and other livelihood resources. The requirements for wholesome and nutritious food are ever-increasing and animal husbandry sector has contributed much to the needs of people. Several measures have been applied to increase the productivity of livestock which has resulted in significant increase in the milk, meat, eggs and fish production. However, animal products can potentially be contaminated with thousands of chemicals used for various purposes in routine animal husbandry practices. Among veterinary drugs, antibiotics are the most widely used ones for chemotherapeutic and prophylactic purposes as well as feed additives to promote growth and improve feed efficiency in livestock. Although, the safe and effective use of antibiotics in animals has received considerable attention in most of the countries around the globe including India. However, the indiscriminate use of antimicrobials in animal husbandry practices especially sub-therapeutic usage in animal feed as a growth promoter may have plethora of adverse impacts on human and environmental health. Therefore, the present review is an effort to address the various issues pertaining to sub-therapeutic usage of antibiotics in animal feed, methods for their detection in foods of animal origin and their potential risks to human and environmental health.

### Introduction

Antibiotics are used in livestock production system to maintain health and productivity of animals. For more than four decades, Indian livestock and poultry producers have used antibiotics in animal husbandry practices and therefore; issues on safety to animals and humans and continued efficacy of antibiotics have been raised throughout the history of their usage. Usually, these drugs are administered in relatively large (therapeutic) doses to treat sick animals. However, sub-therapeutic doses of antimicrobial are also being frequently used in animal feeds to improve feed efficiency and rate of growth and to prevent or reduce the incidence of infectious diseases such as necrotic enteritis in chickens, dysentery and proliferative enteropathy in porcine etc. [1]. Generally, in management of livestock including poultry,

antibiotic usage has expanded to an extent that approximately 70-80% of all animals reared for food purposes receive medication for at least once in their lives.

Antibiotics play a very crucial role in animal production for number of reasons. However, owing to their increased and non-judicious use in animal nutrition and clinical medicine; great attention from consumer's health point of view has centered on the safety of their residues in food of animal origin i.e. milk, meat, eggs, fish and even honey [2]. The contamination of otherwise usable milk, meat and eggs by residues of antibiotics and their subsequent widespread release into the environment is a frequent sequel to antibiotic usage in food producing animals [3]. Antibiotic residues in food of animal origin are also a priority for the industry because higher

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standards of food safety assurance are being required by our society. Further, presence of residues in such animal origin food products may also prove as a barrier for export of these products due to strict food hygienic standards and residue limits established by the international community.

The indiscriminate use of antibiotics and their subsequent presence in animal origin food not only affects the industry but also poses a serious threat to human and environmental health including the emergence of antibiotic resistant microorganisms, carcinogenic and mutagenic effects, possible allergic/hypersensitivity reactions in certain individuals and ecological disturbances. The Food and Drug Administration (FDA) considers antibiotic contaminated food as adulterated. In order to safeguard human health, the World Health Organization (WHO), Food and Agriculture Organization (FAO) together with OIE (World Organization for Animal Health) has consistently recommended restrictions on non-therapeutic uses of antibiotics in animal agriculture [4]. WHO and FAO has also set standards for acceptable daily intake (ADI) and maximum residue limits (MRLs) in animal origin food products. Discarding contaminated animal products represents a considerable economic loss in itself. However, failure to discard such food items may lead to severe penalties if antibiotics are detected in the supply submitted for sale.

Hence, there are various areas of concern over the usage of antibiotics and the threat to the human and environmental health. Therefore, the present review discusses this aspect of sub-therapeutic usage of antibiotics in animal feeds, methods of their detection in animal food products along with their impacts on human and environmental health with the objectives to create interest in pursuing answers for some of the complex issues relative to this subject.

### **Sub-Therapeutic Use of Antibiotics in Animals**

Antibiotics are therapeutically used in food-producing animals to treat existing infections and prophylactically to prevent development or control spread of disease and, to increase daily body weight gain or the amount of growth per unit of feed eaten (i.e., feed efficiency) by administering doses lower than those required to treat or prevent disease, over extended periods of time [5]. Almost all food-producing animals are raised in groups and administering drug individually to all the animals is not only stressful to animals and handlers but is also expensive and dangerous as it contributes to spread of diseases too. Therefore, practically, addition of antibiotics to animal feed (or water) is the most

common way to administer drugs to groups of animals especially in large commercial farms. Moreover, it is generally appreciated that the use of sub-therapeutic doses of antibiotics is one of the best available tool which has facilitated intensive animal farming. This practice has contributed to lowering production costs per animal, which has ultimately led to a greater availability and lower costs of animal origin foods (meat, milk and eggs) to the consumers, leading to overall improvement of animal and human health [6].

The growth promoting effects of antibiotics were first discovered in 1940s when a few farmers in USA found that pigs fed with penicillin-fermented mixture grew faster [7-9] and chickens fed by-products of tetracycline fermentation were found to grow faster than those that were not fed those by-products [10]. Since then, antibiotics are commonly added to commercial feed for improving growth especially in poultry and piggery. Numerous studies have witnessed the applicability and beneficial effects of antimicrobials in improving promoting growth, feed efficiency, reproductive performances and overall carcass quality of animals as summarized in Table 1.

Often, the amount of antibiotics given is not under the direct control of the farmers, due to premixed antibiotics contained in the feed they purchase. However, there is scarcity of data on antibiotics usage in animal husbandry practices, which could be attributed to lack of surveillance systems, unwillingness of food animal producers, animal feed producers, and veterinary pharmaceutical companies to provide comprehensive reports of antimicrobial consumption or sales [28]. But, growing demand for animal protein globally has undoubtedly expanded the usage of antibiotics in animal husbandry practices.

No published estimates of antimicrobial use in animals exist at present, and estimates of that use differ markedly. National Research Council of USA estimated that 40% of the antibiotics produced are used for feed additives with estimated allocation of 0.5 million kg to the cattle industry, 1.0 million kg to poultry, 1.4 million kg to swine, and 0.4 million kg to other animals such as companion animals [29]. More than 40% of the drugs were added in animal feed at sub-therapeutic level for improving animal production in USA during 1990s [18]. With a substantial contribution to the development of food-animal production at global level, veterinary antibiotics tend to be necessities to cope with increasing food demand for humans. In 2013, the global consumption of all antimicrobials in food animals was estimated to be 100, 812 -190, 492 tons and if the same trend is followed it is projected to

**Table 1:** Effect of antimicrobials on feed efficiency, growth promotion, reproductive performance, and carcass quality –Evidences

Compounds	Species	Observations	Reference
Tiamulin, Nosiheptide Salinomycin	Pigs	Improvement in carcass quality	[11-14]
Chlortetracycline	Sows	Increased conception and farrowing rates	[15]
Salinomycin	Weaning Piglets	Increased average weight gain	[16]
Antimicrobials	Pigs	Increased digestion of nitrogen and phosphorus	[17,18]
Antimicrobials	Pigs	Increased feed utilization and weight gain	[18]
Avoparcin, Bacitracin Efrotomycin, Lincomycin, Penicillin G procaine Virginiamycin	Poultry	Improvement in weight gain and feed efficiency	[19]
Roxarsone Bacitracin Virginiamycin	Poultry	Improved growth and feed conversion efficiency	[20]
Salinomycin, Avilamycin,	Poultry	Improved growth	[21]
Bacitracin	Poultry	Increased feed intake and decreased feed conversion ratio	[22]
Bacitracin zinc, Colistin sulfate, Flavomycin, Florfenicol	Fish	Improvement in feed conversion and growth	[23,24]
Tetracycline, Penicillin	Poultry	Improvement in egg production, hatchability and feed efficiency	[25]
Antibiotics in feed	-	Better quality meat with higher amount of protein and less fat	[26]
Avilamycin	Poultry	Increased weight gain	[27]

reach 150,848-297,034 tons by 2030. Further, India has been ranked as the fourth largest user of antibiotics in animal feed which is expected to increase by 82% in India by 2030 [30]. In a similar study conducted in some northern Indian states by Centre for Science and Environment, New Delhi (India) observed that the extensive use of antibiotic supplements in the animal feed, and untreated litter has given rise to the growth of drug resistant bacteria and they are spreading out of the farms because of poor hygiene practices and improper waste management [31].

### Human and Environmental Health Risks

#### Human Health Risks

It is undeniable that rational use of antimicrobials plays a vital role in the production of food animals and protecting public health, while irrational and irresponsible use may cause various health problems in humans [32]. The potential effects of using antibiotics in domesticated animals have caused serious public health concern for decades. Early concerns focused mainly on the use of antibiotics in animal feed for growth promotion. In 1960, government of the United Kingdom of Great Britain and Northern Ireland (UK) established the

Netherhorpe Committee to investigate whether use of antibiotics in animal feeds constituted a danger to humans. This was followed, in 1968, by the UK government-appointed Swann Committee (Joint Committee on the Use of Antibiotics in Animal Husbandry and Veterinary Medicine) which concluded that administration of antibiotics to food-producing animals poses significant hazards to human and animal health because it leads to the emergence of antibiotic resistant strains of bacteria [33].

However, establishing direct causal associations between usages of antibiotics in animal husbandry practices and their potential risks to human health is often difficult. But, several studies have measured antibiotic residues in animals or animal products as a proxy for the level of antibiotic usage in animal production and management [34]. Among the different classes of antibiotics, tetracyclines and fluoroquinolone residues have been most frequently reported in animal origin food products [35-37].

Further, studies have shown a close association between the prevalence of antibiotic resistant bacteria in animals and in humans [38-40]. Numerous ecological, cross-sectional and evidence based studies has attempted to establish the link between prevalence of antimicrobial resistance bacteria and

use of antibiotics in food animal production especially in contexts of cattle, pigs, and poultry. For example, in an ecological study of temporal trends in Netherland, it was observed that the introduction of vancomycin and pristinamycin in swine production was associated with increased prevalence of resistant *Enterococci* from human fecal samples [41]. Similarly, in a cross-sectional study in US, correlations among quinupristin-dalfopristin resistance in *E. faecium* isolates have been drawn between humans, farm animals, and meats [42].

Now, it is well established that all antimicrobial drugs have side effects when human and animals are exposed to them with higher doses or for prolonged period of time than recommended. The loss of effectiveness of the most widely used antibacterials (i.e., tetracyclines and penicillin) and of other antibacterials with plasmid-mediated resistances poses risks to both human and animal health. Therapeutic failure with these antibacterials would lead to large but unquantifiable morbidity and mortality in humans and animals. Therefore, the health risks from the development of bacterial resistance to antibacterial in animal feeds is cause for great concern. Currently, some unbiased, scientific data demonstrate that usage of antibiotics in food-producing animals (cattle, swine, poultry, and fish), particularly large-scale administration (e.g., in feed) of low doses over long periods of time, poses following public health threat:

#### ***Development of antimicrobial resistance (AMR) and other human health hazards***

Antimicrobial resistance (AMR) is resistance of a microorganism to an antimicrobial drug that was originally effective for treatment of infections caused by it. It is a major public health crisis, threatening the emergence and reemergence of untreatable infectious diseases worldwide on a massive scale [43-45]. Understanding the process of evolution and spread of antimicrobial resistance is of utmost importance to evaluate the contribution of animal husbandry practices in development of this grave public health issue. From fundamental biology and evolutionary perspective, the development of antimicrobial resistance in response to exposure to antibiotics is inevitable [46]. Bacterial exposure to sub-lethal concentrations of antimicrobial agents drives the selection of resistant strains. If such exposure is continued for considerable period of time then resistant strains are advantaged in terms of reproduction and spread. The other important scientific principles behind development of AMR includes genetic and regulatory changes in bacteria

developing resistance to antibiotics, transfer of resistance genes from one bacterium to another and finally, the resistance may continue even after antimicrobials are no longer present as suggested by some of the findings of research works conducted by various researchers [47,48].

As per WHO, emergence of antibiotic resistant microorganism is one of the most serious global medical problems particularly in developing nations, including India, where the burden of infectious diseases is high and healthcare spending is low. The country has among the highest bacterial disease burden in the world. Antibiotics, therefore, have a critical role in limiting morbidity and mortality in the country. Medical authorities are already confronted with infections for which no antibiotic is effective because the causative bacteria have acquired resistance to all available antibiotic agents. AMR, the global spread of drug resistant bacteria, is currently responsible for approx. 0.7 million annual deaths worldwide and if the status quo is maintained then AMR could evolve into a global calamity, killing some 10 million people annually by 2050 [49]. AMR is also a threat to the livestock sector and thus to the livelihoods of millions who raise animals for subsistence [50].

One of the issues receiving close attention at the moment is the link between use of antibiotics in animals and the development of resistance in human pathogens. Antimicrobial resistant bacteria of animal origin can be transmitted to humans through the contaminated environment and food products and by direct contact with animal handlers [51-53]. There is evidence that resistance in some human enteric pathogens has arisen because of transfer of resistant bacteria or resistance genes from animals to people via the food chain [54]. Over-use and misuse of antibiotics therapeutically has driven the resistance problem in human medicine whereas it would seem that prophylactic use to some extent and growth promotant use in particular have contributed most to the emergence of resistant bacteria in animals [41]. Some of the resistance problem can be attributed to the transfer of resistant bacteria from animals to human and the transfer of resistance genes from animal pathogens and commensal bacteria to human pathogens [55]. However, for purposes of truly understanding attributable risk, it is important to determine the antibiotic residues in animal feed, milk, meat, eggs, fish, water etc. along with acquisition of information on origin of resistant infections.

Apart from development of AMR, the presence of antibiotics or their residues in food of animal

origin is also associated with several other adverse human health effects. Several antibiotics are potent antigens or act as a haptens and their occupational exposure on a daily basis can lead to hypersensitivity reactions. The most of the hypersensitivity reactions have been reported against  $\beta$ -lactam antibiotic residues in milk or meat. Such reactions can lead to urticaria, anaphylaxis, bronchospasm, angioedema, hemolytic anemia, thrombocytopenia, acute interstitial nephritis, serum sickness, vasculitis, erythema multiforme, Stevens-Johnson syndrome and toxic epidermal necrolysis etc. [56]. The nitrofurans at higher concentrations in milk may cause carcinogenic and mutagenic effects [57]. Etminan et al. [58] reported the risk of retinal detachment in individuals upon continued exposure to fluoroquinolones. Chloramphenicol is also associated with optic neuropathy, aplastic anemia and brain abscess with varied intensities and clinical manifestations [59-62].

### Environmental Risks

With the developments in analytical techniques, it has now become evident that man-made antibiotics can make their way to the environment through various routes namely, direct discharges from manufacturing units, excretion through biological matter (urine and faeces) of animals and humans after usage or through discarding unused medicines [63,64]. Such exposure routes may eventually leads to accumulation of antibiotics in the environment which may have profound effects on some ecosystems.

#### *Effect on micro-ecosystem*

One of the concerns is the potential effect of antibiotics on the ecological climax. Soil micro-organisms play a very important role in maintaining the balance in ecosystem e.g. nitrogen fixation, and antibiotics has potential to disrupt such processes. However, we still lack sufficient evidences for establishing links between antibiotic exposure and disturbed ecosystem. Likewise, waste-water treatment plants for household and industrial discharges largely depends on the functionality of complex microbial ecosystems, which could be disturbed by antibiotic exposure. However, many microbial ecosystems tend to show a large degree of resilience owing to their ability for horizontal gene transfer. Thus, even after long duration of exposures to high concentrations of antibiotics, environmental compartments appear to harbor a very diverse

microbial flora. Although, the critical point is, of course, the exposure level required to affect the function of the microbial ecosystems e.g. the waste water treatment plants, receiving highly contaminated waste from pharmaceutical units manufacturing antibiotics may witness a disturbed function [65].

#### *Effect on biogas production*

A large amount of antibiotics used for intensive animal farming are excreted out in the environment through animal excreta and waste water. Those antibiotic residues in the environment may partially inhibit methanogenesis in anaerobic waste-storage facilities, commonly used at Concentrated Animal Feeding Operation (CAFOs), and thus, decrease the rate at which bacteria metabolize animal waste products [63,66]. During the anaerobic digestion of livestock waste, certain antimicrobials, including amoxicillin, aureomycin, oxytetracycline, thiamphenicol, florfenicol, sulfadimethoxine, and tylosin, had inhibitory effects on methane production [67-70]. However, in few studies, it was observed that the amount of antibiotics required for inhibiting anaerobic digestion of pig waste slurry was very high. Amin et al. [70] reported that concentrations of oxytetracycline, amoxicillin, and tylosin required for producing inhibitory effects are 8000, 9000, and 9000 mg/L, respectively. Similarly, only high concentration of thiamphenicol (160 mg/L), amoxicillin (120 mg/L), tetracycline (50 mg/L), and sulfamethoxydiazine (50 mg/L) had inhibitory effect on biogas production in the anaerobic digestion of pig waste slurry [67,69]. In reality, it is very difficult to observe such high levels of antibiotics in the excreta.

### Determination of Antibiotic Residues in Foods of Animal Origin

Determination of antibiotic residues has become essential and growing concern in recent years for maintaining healthful characteristics of food stuffs and protecting public health. Moreover, the successful implementation of national regulations and monitoring/surveillance programmes depends upon availability and use of appropriate analytical techniques. Numerous techniques are available, employed and are in practice like enzyme linked immunosorbent assay (ELISA), bioassays for screening and high performance liquid chromatography (HPLC) coupled with photodiode array/UV/Fluorescence detectors/Mass spectrometry to identify and quantify the commercially used antimicrobial agents in feed and their residues in food of animal origin [2, 71].

Biosensors provide several advantages such as opportunity for automation, *in situ* analysis and development of large number of commercial detection kits. Further, they are highly specific, quick and can also detect non-polar molecules in real time [72]. But the limitations include chances of their contamination and failure to get heat sterilized [73].

ELISA is a widely used method for the detection of antibiotic residue in all kinds of food samples [74]. ELISA based techniques have the advantage of high sensitivity, broad specificity and ability to handle large number of small volume samples in short time [75]. But expensive nature and failure to detect the residues in real time are its major drawbacks [76].

HPLC coupled with selective detectors like Diode array detector (HPLC-DAD), Fluorescent detector (HPLC-FLD) or Mass Spectrometry (HPLC-MS) is another effective and sensitive system for the detection of antibiotic residue. HPLC coupled with tandem mass spectrometry techniques (HPLC-MS/MS) has been recommended by the Food safety and standard authority of India (FSSAI) for determination and quantification of most of the antibiotic residues in foods of animal origin. However, owing to its expensive nature very few laboratories in India have this facility to routinely test the food samples. Every method has its own limitations, with some lacking sensitivity and/or specificity, others are time consuming and quite expensive to execute in routine analysis.

### Perplexity and Dilemma

Although a definitive link between antibiotic usage in animal feeds and their potential risks to human health is clear, but a number of data gaps still remains. For instance, antibiotic residues are also released into the environment through human waste and disposal and particularly around the sites of antibiotic production, and have been detected in ground and surface waters and soil [77,78]. In India, some of the highest levels of residues ever detected in surface waters were found in lakes and wells surrounding a wastewater processing plant that serves close to 100 pharmaceutical manufacturing plants around Hyderabad [79]. Therefore, occurrence of antibiotic residues in environmental compartments can also contribute to emergence of resistance strains. The proponents of sub-therapeutic antibiotic usage in animal feed believe and argue that such small doses of antibiotics used for this purpose are very small

as compared to their therapeutic doses and it is not definitely known whether such low doses really select for resistance or not [80]. Even those, who accept that use of antibiotics as growth promoters in animal feeds may promote emergence of antibiotic-resistant strains, believe that evidence of this possibility having a major impact on human health is either non-existent or minimal [81]. Moreover, the fact that various bacterial species showing resistant to antibiotics used in animals does not prove their origin and it is contended that humans might contract the infection from some other source and there is possibility that both animals and humans are infected with the same resistant organism from a common source. This is supported by the fact that drug resistant isolates from humans and animals were found to be genetically different in many instances [82].

The provisional supposition on transmission of resistance through food chains is also not universally accepted. Those, who accept it, recommend good hygienic practices in the kitchen and use of vaccines in the birds and animals to reduce the incidence of transmission. Therefore, the proponents believe that a ban on the sub-therapeutic use of antibiotics may lead to an overall deterioration of animal health (in terms of diarrhea, weight loss, reproductive failures and mortality). Hence, this may further lead to increased incidences of food-borne infections and intoxications in consumers; subsequently leading to more frequent use of antibiotics for therapeutic purposes in animals [83,84]. Therefore, restriction on the use of antibiotics as feed additive is considered unwarranted by some of the proponents.

However, in today's scenario, this does not justify the inappropriate or sub-therapeutic use of antibiotics in animal agriculture. Some earlier economic analyses suggested that there is meager economic benefit from using antibiotics as feed additives, and that equivalent improvements in growth rate and feed consumption can also be achieved by improved hygiene [55]. A recent report indicated that the costs of withdrawing antimicrobial growth promoters in India would be roughly US\$1.1 billion. However, widespread resistance may hold more consequence for India than for other countries because of India's high bacterial disease burden [85].

Further, Sub-therapeutic use of antibiotics in animal feeds has been questioned since the introduction of antibiotics because the infectious agents can develop resistance to the antibiotic being used and perhaps to other antibiotics as well. Emergence of antibiotic resistant pathogens appeared soon after antibiotic usage began and such resistance is known to be capable of compromising antibiotic

therapy. Although, the potential human health hazards due to development of bacterial resistance to antibiotics used at sub-therapeutic levels in animal feeds is clear enough; but, only very few recorded instances of unfavorable human health effects due to antibiotic resistant bacteria have been linked directly to all usages of antibiotics in the production of many billions of animals over the past many decades [86]. It is very difficult to conduct a feasible, comprehensive epidemiological study of the effects on human health arising from the sub-therapeutic use of antibiotics in animal feeds. This is because, it is not easy to determine the antimicrobial history of the animal from which a particular piece of meat or glass of milk came, especially in large developing countries like India with 120 billion human population. Moreover, it is also very difficult to determine the antibiotic history of the humans with respect to their direct/indirect exposure to antibiotics or to organisms from other people who had been exposed directly to sub therapeutic doses of antibiotics.

Further, there are apprehensions among researchers that the economic consequences of limiting sub-therapeutic usage of antibiotics in animal feed could be significant over the short term, but most of the drugs in question could be replaced with alternative drugs already approved by FDA. Thus, the balance between immediate economic benefits and future health risks is very important. However, the lack of scientific certainty on the magnitude of both the probable health risks and the attributed increases in animal origin food production makes the formulation of a solution to this perplexity and dilemma even more cumbersome.

### Strategies to Reduce Antibiotic Usage in Animal Husbandry

The following solutions can potentially reduce the antibiotic consumption globally:

1. Reduce unnecessary use of antibiotics in agriculture and their dissemination into the environment. The assumed benefits of antibiotics used as growth promoters in animal feed can be achieved by improved cleanliness of animal houses [87,88]. Improved hygiene also has a moral imperative for the welfare of domesticated animals.
2. The systems combining surveillance (Antimicrobial Resistance Monitoring System) and regulation (Hazard Analysis and Critical Control Point, HACCP), covering farm to fork should be enforced effectively. Regulations have been the principal instrument to limit antimicrobial use in animal production. A global regulation putting a cap of using 50 mg of antimicrobials/kilogram of animal product/year, could reduce total global consumption of antimicrobials by 64% [30].
3. Promote low-animal-protein diets. Recently, Republic of China has revised its dietary guidelines and recommends that the nation's 1.3 billion population should consume between 40g to 75g of meat per person each day. If followed this measure not only reduce the greenhouse gas emissions but could also have an indirect but substantial impact on the global consumption of veterinary antimicrobials [88]. According to Van Boeckel et al. [30], restricting the intake of meat to 40g/person/day could reduce global consumption of antimicrobials in food animals by 66%.
4. Charging a user fee on sales of antibiotics for non-human use from veterinary drug users can significantly dissuade non-judicious use of antibiotics [90]. This type of approach has also been supported by World Bank [91]. The revenues generated from such system can be diverted to support research on new antimicrobials, vaccines and diagnostics along with improvement in livestock rearing practices [92]. According to one estimate, imposing a user fee of 50% of the current price on veterinary antibiotics could reduce global consumption by 31% [30].

Although, all the strategies suggested here to address this issue are not exhaustive and mutually exclusive but if all these are considered in combination; they may possibly reduce the global consumption of antimicrobials in animals by up to 85%.

### Conclusions

Antibiotics are indispensable tools for the treatment of various old as well as emerging infectious diseases. However, there are conclusive evidences which suggest that the indiscriminate and sub therapeutic usage of antibiotics not only in animal husbandry practices but also in human medicine has led to the emergence of antibiotic resistant pathogenic organisms. This is now considered as a major public health issue across the globe and therefore, is being addressed at every critical point of decision. The first restriction to use the antibiotics has been placed on food producing animals. The addition of antibiotics in animal feed and its direct relationship with human health hazards is somewhat misleading. But keeping in view the magnitude of problem, such stern actions

has to be considered for betterment of mankind and survivability of human race. However, it might be just impossible to impose a blanket ban on the use of antibiotics in animal husbandry farms in a global scale. But close monitoring of the situation is imperative everywhere to avert or restrain emergence of resistant strains. Moreover, all antibiotic use needs to be evaluated and carefully controlled to preserve antibiotics as a healthcare tool in people and animals. Other control measures include improvements in food hygiene to reduce the spread of zoonotic bacteria to human via the food chain, ban on over the counter sale of antibiotics, development of novel opportunities to combat antimicrobial resistance and improvement in animal husbandry and managemental practices. To specifically address the issue in animal health, the livestock industries and associated professional must reduce and refine the use of antibiotics in animal production and replace antibiotics with other alternative disease control measures as much as possible. In addition, the medical profession must control misuse and overuse of antibiotics in hospitals and community practice. Although it is an inevitable consequence of the evolutionary adaptation of microbes; use and misuse of antimicrobial drugs by the humans have driven the increasingly rapid and prevalent emergence of resistance in a range of pathogenic and commensal organisms. So all in all, action plans to tackle this issue both at national and global levels stress the need for a holistic 'One Health' approach.

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